

# How \$1.00 a week can help.

1. Can purchase three meals or 156 meals a year.
  2. Helps support Parenting Classes.
  3. Helps fund ASSIST suicide prevention/intervention program.
  4. Helps fund emergency housing programs.
  5. Helps pay water bills for people in need.
  6. Helps fund Respite care programs.
  7. Helps fund programs the for disabled .
  8. Helps fund programs for those fleeing domestic violence with advocacy, shelter, & counseling.
  9. Helps United Way provide additional school supplies through the annual “Stuff the Bus” event.
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1. When you give \$5.00 a month that is \$60.00 per year.
  2. This small donation X’s 100 families becomes \$6000.00.
  3. YOU helped make that large amount with your donation!
  4. Isn’t that worth giving up one special coffee drink a month, or a slice of Pizza, or a six candy bars, or five cans of soda.
  5. Just think you can be healthier and help those in need at the same time!

Please Join us today and give through payroll deduction, auto debit, stock or check.

[www.unitedwayofcolumbiacounty.com](http://www.unitedwayofcolumbiacounty.com)

[info@unitedwayofcolumbiacounty.com](mailto:info@unitedwayofcolumbiacounty.com)

## How to support your local United Way.

### FRED MEYER COMMUNITY REWARDS

Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to United Way of Columbia County at

[www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).

Enter our non-profit number (NPO#81537). Each time you shop and use your Rewards Card, you are helping earn a donation! It does not affect your points.

### AMAZONSMILE

You Shop and Amazon Gives

<http://smile.amazon.com/ch/93-6038634>

Shop with AmazonSmile and .05% of your purchase price will be donated to United Way of Columbia County.

### GOOD SEARCH OR GOOD SHOP

Raise money for your favorite charity or school just by searching the Internet or shopping online with GoodSearch-[www.goodsearch.com](http://www.goodsearch.com)

### DONATE FOR CHARITY-

Donate vehicle to United Way of Columbia County and receive a tax deduction contact Donate for Charity [www.donateforcharity.com](http://www.donateforcharity.com)

### PAYPALGIVINGFUNDS– selling

You can list items to sell on Ebay and direct the proceeds or a percentage to United Way)

Go to <http://givingworks.ebay.com/> for more information

### PAYPALGIVINGFUNDS– donating

United Way of Columbia Count receive 100% of every donation made. Go to <https://www.paypal.com/fundraiser/charity/4985>

## **A Buck A Week**

**for United Way of Columbia County!**

**\$1 a week will provide food, shelter**

**and hope for our community.**

If we all GIVE A BUCK....We can make a difference!

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